

How to get your Know Diabetes account

1 Register your interest

Join others from your GP practice by visiting knowdiabetes.org.uk and registering your interest.

2 Continue with NHS login

The NHS login can help verify you, so you can quickly log in with a few clicks anytime you want to.

3 Activate your account

Log in to your Know Diabetes account via our website and personalise your account by setting your preferences, accessing courses, and viewing your online health record.



Scan the QR code or visit knowdiabetes.org.uk/register to register your interest today



What do you need to do?

Visit the Know Diabetes website and Register / Login. If you have an NHS login already you can sign in with this account, so there is no need to set up a new password or account. If you don't have an NHS login yet, still visit the page and follow the steps.

Further questions?

Please check the frequently asked questions on our Contact Us page (address below). If you cannot find your answer, then please complete our contact form at knowdiabetes.org.uk/contact-us with your question or comment. We aim to respond within three business days.

Privacy Policy

You can find our privacy policy, which explains how we use your data, on our website here: knowdiabetes.org.uk/fair-processing-notice.



Having more energy, improved sleep and lower blood sugars can help you live life to the full

knowdiabetes.org.uk

The NHS Know Diabetes Service

For people living with diabetes



The Know Diabetes (KD) service is helping people with diabetes and those at risk of developing type 2 diabetes to live their lives to the full.

If you are registered with a GP in North West London, are over the age of 18, and have been diagnosed with diabetes or Non-Diabetic Hyperglycaemia (high risk of type 2), then you are eligible to create an NHS Know Diabetes Account.

Whether you're interested in learning more about your long-term health or discovering how to improve your blood sugars, energy levels or sleep, our range of support features can help.



7-day meal plans tailored for people with type 2 diabetes



Log in and gain access to your latest health record and test results without the need for follow-up calls

Key Features of the NHS Know Diabetes Service



Programmes

Be first to know about the latest programmes that you can access. Thousands of people with diabetes are boosting their health and wellbeing by joining these programmes. Know Diabetes will keep you informed and updated.



Patient record access

View your personalised health dashboard with all the essential information. Check out your latest blood pressure, HbA1c and cholesterol test results and appointments. There are even opportunities to set goals and track progress.



Email campaigns

KD account holders can sign up to a series of helpful email campaigns tailored to your personal needs and desires, covering topics such as **weight management, foot and eye care, healthy eating, and well-being**. You can also access exclusive webinars and interact with NHS healthcare professionals