

Introducing the NHS Know Diabetes Service

The vision of Know Diabetes is to reduce the workload of health professionals in North West London by supporting patients living with diabetes or those at risk of type 2 diabetes.

If your patient is: registered with a GP in North West London; is over the age of 18; and has been diagnosed with diabetes or Non-Diabetic Hyperglycaemia (high risk of type 2), they are eligible to create an NHS Know Diabetes account.

The NHS Know Diabetes Service offers your diabetes patients an interactive health platform that can provide timely nudges by email or SMS. It is a place where they can find out 'what is going on locally' and how others, like them, are interacting with various evidence-based structured education courses. With several interactive e-learning programmes, and a selection of health tools at their fingertips, the Know Diabetes platform is increasing patients' confidence in self-management and behaviour change. We also provide support with culturally appropriate meal plans, offer information in multiple languages, and our website can be translated into over 100 languages.

Once your patient has visited the Know Diabetes website they can quickly create their account, allowing them to access their personalised diabetes health record online, including their latest 3TT.



Access for patients to view their personalised healthcare dashboard, where they get helpful information on their 9 Key Care Processes including their 3 Treatment Targets