WEEK 2 LET'S TALK ABOUT DIABETES

Our talking points today	Time (mins)
Welcome, introductions and recap from last week	10
Ice breaker quiz Ice Breaker Quiz Week 2	10
Demystifying Type 2 Diabetes Useful links and resources: • Type 2 diabetes | What it is and what causes it | Diabetes UK • Type 2 | Know Diabetes • (101) Diabetes and the body | Diabetes UK - YouTube	30
Wrap up	5