



Training for all staff in health and social care



Information For Staff

The Diabetes 10 Point Training Programmes aim is to ensure that all staff have access to concise diabetes training that is relevant to their work role.



Staff working in health and social care settings may not have access to diabetes training. Because the rates of diabetes are increasing across the board, ensuring that all staff possess an awareness of the condition and understanding how it may impact their patients or service users is key to safe care.



All staff in the following settings are encouraged to register for training:

- Acute and community hospital staff
- Community and inpatient mental health staff
- All staff in community nursing teams
- All staff working in care or nursing homes
- All home care workers
- All family carers in the community

Understanding diabetes is everyone's responsibility, we want to encourage everybody to register and complete a course: nurses, doctors, healthcare assistants, pharmacists, allied healthcare professionals, mental health nurses, psychiatrists, psychologists, social workers, activity coordinators, carers, dieticians, community nurses, podiatrists – to name just a few.

4) When will the training become available?

The online Diabetes 10 Point Training programmes will be officially launched on Monday 27th September 2021 and will be free to access all programmes.

You can register here: https://10point.mydiabetes.com



How will I know which course is right for me?

There are 4 courses to choose from depending on the individual job role and work setting. Some staff may find it helpful to access more than 1 course, especially if their work role is not confined to one area or for staff working across acute and community care for example.



What will I get from it?

The courses are Royal College of Nursing (RCN) accredited and will count towards 1 hour of Continuous Professional Development (CPD) training.

All participants will receive a personalised certificate available to download upon completion of the course and this will be evidence you have completed your programme.

How long will it take?

Completing a programme will take 30 - 60 minutes. Participants do not have to complete the course in one go but can split the training up into small sections and their progress will be saved.

How do I know the training is worthwhile?

The training which has attracted a number of awards and national recognition, is also endorsed by Professor Gerry Rayman (Diabetes UK's Inpatient Clinical Lead and GIRFT Co-lead for Diabetes). More than 4000 staff have accessed the programmes across North West and North Central London and beyond.Participants have overwhelmingly reported significant increases in their diabetes knowledge and confidence.

What have participants said about the courses?

- 'Great succinct teaching, so relevant to nursing staff'
- 'Concise and straightforward'
- 'Training very useful, especially the early screening and managing low and high blood glucose'
- 'Completely mind blowing and has changed the way I think about diabetes'



Link to access and register: https://10point.mydiabetes.com