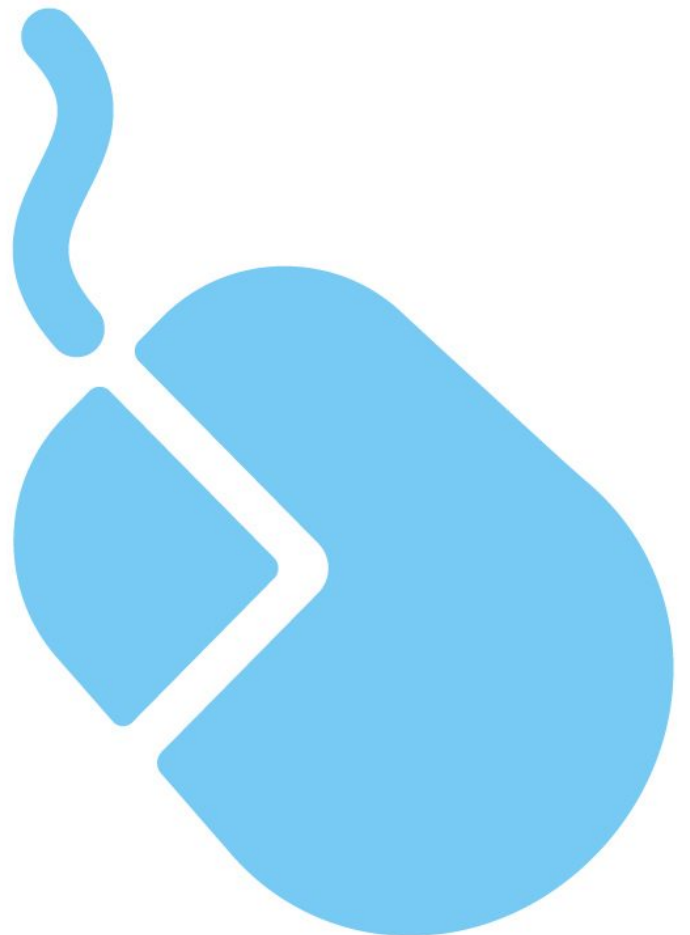




**Diabetes
Training**



Training for all staff in health and social care



Information For Commissioners

1 What is it?

The Diabetes 10 Point Training Programmes aim is to ensure that all staff have access to concise diabetes training that is relevant to their work role.



2 Why is it needed?

In hospitals complex diabetes is often managed by ward staff with little access to diabetes training. The aim of this programme is to ensure that all staff working in hospitals and other settings, have a basic knowledge of diabetes.

By understanding how diabetes can impact their patients and clients, the safest and highest quality care can be provided.

The prevalence of diabetes is increasing across the board: up to 31.3% in North West London (NWL) Hospitals, up to 30% amongst people living with serious mental illness and up to 40% amongst care home residents.

The National Diabetes Inpatient Audit highlights unacceptably high rates of diabetes related errors and actual patient harm. Ensuring that all staff possess an awareness of diabetes and how it may impact those in their care is key to safer and better quality care. Improved staff knowledge will also lead to a reduction in avoidable harm, reduced length of stay and ultimately cost to the NHS.



3 Who is it for?

All staff in the following settings are encouraged to register for training:

- **Acute and community hospital staff**
- **Community and inpatient mental health staff**
- **All staff in community nursing teams**
- **All staff working in care or nursing homes**
- **All home care workers**
- **All family carers in the community**

Understanding diabetes is everyone's responsibility, we want to encourage everybody to register and complete a course: nurses, doctors, healthcare assistants, pharmacists, allied healthcare professionals, mental health nurses, psychiatrists, psychologists, social workers, activity coordinators, carers, dieticians, community nurses, podiatrists – to name just a few.



4 When will the training become available?

The online Diabetes 10 Point Training programmes will be officially launched on Monday 27th September 2021 and will be free to access all programmes.

**You can register here:
<https://10point.mydiabetes.com>**



5 How will I know which course is right for me?

There are 4 courses to choose from depending on the individual job role and work setting. Some staff may find it helpful to access more than 1 course, especially if their work role is not confined to one area or for staff working across acute and community care for example.



6 What will I get from it?

The courses are Royal College of Nursing (RCN) accredited and will count towards 1 hour of Continuous Professional Development (CPD) training.

All participants will receive a personalised certificate available to download upon completion of the course and this will be evidence you have completed your programme.

7 How long will it take?

Completing a programme will take 30 - 60 minutes. Participants do not have to complete the course in one go but can split the training up into small sections and their progress will be saved.



8 How do I know the training is worthwhile?

Not only has the training attracted national recognition and a number of awards it is also endorsed by Professor Gerry Rayman; Diabetes Consultant, and Diabetes UK's Inpatient Clinical Lead and GIRFT Co-Lead for Diabetes.

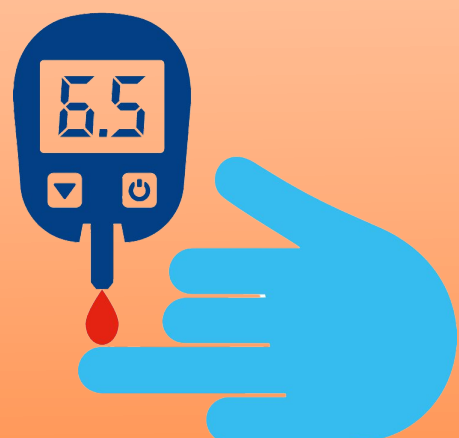
"The Diabetes 10 Point Training Programme presents the very basic yet important aspects of care that every health care professional should be aware of in a straight forward and engaging way. If all health care professionals were to deliver these basic principles of diabetes care to their patients with diabetes, a lot of suffering and mortality could be prevented."

National Diabetes Inpatient Audit data (in 2019) from one of the Trusts in NW London indicated that the training strongly contributed to improvements in patient safety.

- **Prescription errors, from 16.0% to 2.7%**
- **Medication errors, from 38.3% to 7.3%**
- **Glucose management errors, from 24.7% to 5.3%**
- **Insulin errors, from 24.7% to 4.7%**
- **Severe hypoglycaemia, from 10.4% to 4.2%**

In addition attendees completed pre and post training self-reported confidence questionnaires with results demonstrating marked improvement in their confidence to manage inpatient diabetes.

More than 4000 staff have accessed the programmes across North West and North Central London and beyond. Participants have overwhelmingly reported significant increases in their diabetes knowledge and confidence.



9 What have participants said about the courses?

1. 'Great succinct teaching, so relevant to nursing staff'
2. 'Concise and straightforward'
3. 'Training very useful, especially the early screening and managing low and high blood glucose'
4. 'Completely mind blowing and has changed the way I think about diabetes'



10 Diabetes 10 Point Training is referenced in:

- **Diabetes UK 2018 publication: Making Hospitals Safe for People with Diabetes**
- **Diabetes UK website: Diabetes 10 Point Training**

