

Please see the Covid-19 REWIND Update from NWL Diabetes Transformation team and UKICS

*Covid-19 REWIND Update*

*Dear all,*

*As you are aware part of the REWIND programme involves face to face group sessions, therefore in light of recent events we are writing to update you regarding our plan for REWIND group delivery with immediate effect going forward. Following Government and NHSE guidelines and having consulted with NWL we have decided on the following approach: -*

*1. All patients who are currently enrolled on REWIND will continue on their programme (Low Carb or TDR) but their face to face sessions will now be replaced with **remote sessions**. We will communicate with patients how to access these.*

*2. Any new referrals will be offered remote sessions in place of face to face sessions.*

*Please note, the above is an interim measure until we are in a position to revert our services back to face to face offerings.*

*3. Large scale referrals being on hold at the moment. Clinicians should only create **new referrals** if they have capacity to support individuals through the remote programme.*

*We would also like to emphasise that the deprescribing and review appointments for REWIND can be done over the phone so there will be no need for patients who are potentially over 70 or with underlying health concerns to attend GP surgeries in person. Any patients who do not have a blood pressure monitor should be advised to order this online or from local pharmacies and request practices or local pharmacies to supply with blood glucose meter for home blood glucose monitoring.*

*Whilst we appreciate that referring into REWIND may not currently be at the top of your priority list, we want to assure you that we are putting provisions in place to make sure that the service still runs smoothly and successfully whilst not placing any additional strain upon primary care.*

*If you have questions please do not hesitate to contact us:*

*General REWIND queries – [nwlccc.diabetes@nhs.net](mailto:nwlccc.diabetes@nhs.net)*

*Referral/patient monitoring queries – Salma Mehar, Consultant Dietician [smehar@nhs.net](mailto:smehar@nhs.net)*

*Provider queries – Andrea Coleman-Cooke, ICS's Service Coordinator for REWIND at [andrea.coleman-cooke@icshealth.co.uk](mailto:andrea.coleman-cooke@icshealth.co.uk)*

*Kind regards*

*Thank you*

**NWL STP Diabetes Transformation Programme Team**

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